

TRIO Student Support Services at SMCC



What is TRIO Student Support Services?

TRIO SSS is a community designed to help eligible students reach their graduation, transfer, and career goals.

What TRIO Offers:

- Personalized Advising: One-on-one coaching with a professional Success Coach from your first day through graduation.
- Academic & Personal Growth: Tailored support to help you build on your core values and strengths.
- Community & Engagement: Peer connections, workshops, and events that build key skills, keep you on track, and help you thrive in college.



For more information or help on how to apply contact TRIO Student Support Services at 207-741-5670 or smcctrioss@maineccc.edu or visit www.smccME.edu/TRIO.

"TRIO was an incredible support. They offered tangible guidance and a safe space to experience the stress of school with a solution-based approach. I would never have made it through this semester with good grades without them."

Each semester, you will regularly meet with your TRIO Coach to:

- Create your college success plan for graduation, career or transfer.
- Select and register for courses that meet your goals.
- Develop the skills required to face challenges.
- Discover your core values and strengths.

Your TRIO Coach will collaborate with SMCC staff and faculty advisors to support your path to success.

Connect with Your TRIO Community

As a TRIO student, you'll build lasting connections with a supportive community. Together, you'll:

- Participate in workshops and activities designed to assist with financial planning and academic success.
- Benefit from peer mentoring and relationships.
- Engage in leadership opportunities.
- Access and deepen your internal drive to persevere and adapt.

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Find Out If You're Eligible

All current and new SMCC students are encouraged to complete a TRIO Interest Form. We can help you determine if you are eligible to participate and would benefit from this program.

TRIO Eligibility Factors

1. Students are, or will be, working on their first college degree
2. Students must be U.S. citizens or permanent residents
3. Students must be in need of and able to benefit from academic support
4. Students must also meet at least **one** of the following criteria:
 - a. Be a first-generation college student, meaning neither of your parents or guardians graduated from a four-year college,
 - b. Have financial need, defined as being Pell Grant eligible and/or meeting certain government guidelines for taxable income, or
 - c. Have a documented physical, medical, psychological or learning disability

The Student Support Services projects at Southern Maine Community College are 100% funded by the U.S. Department of Education in the amount of \$544,728 for the 2026-2027 fiscal year to serve 240 students.

Next Steps for TRIO Participation

Complete a TRIO SSS Interest Form by visiting www.smccME.edu/TRIO.

1. Complete the form online (link above).

OR

2. Download the form and submit it by:

a. Mail: SMCC, 2 Fort Road, South
Portland, ME 04106

b. Email: SMCCTRIOSSS@maineccc.edu

Use one of the two methods above to submit your information.



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