

SMCC AA Liberal Studies to USM BA Sociology

The following Transfer Map lists the courses that lead a student to an Associate in Liberal Studies at SMCC and then to Bachelor of Arts in Sociology at USM. The information is pulled from the Maine System’s transfer tool and the 2023-2024 academic course catalogs at SMCC and USM. The map will be updated each academic year if any changes are made to the requirements or course equivalencies listed here. Students following this map should monitor for updates.

The key directions:

- SMCC students should follow their Liberal Studies degree audit sheet.
- Every course on the audit sheet that is completed with a C- or better earns the same number of credits at USM—the equivalent USM courses and credits will later appear on your USM transcript.
- The SMCC Liberal Studies degree has 62 credits. Another 58 credits will be required at USM to earn the USM Sociology degree. The 58 USM credits will be a combination of Sociology major requirements and general electives.
- An SMCC student can begin satisfying USM Sociology requirements by taking the Sociology classes identified in **STEP 2** below as electives within the SMCC Liberal Studies major.
- An SMCC Liberal Studies degree waives the student’s academic Core requirements at USM.

STEP 1–The SMCC Coursework

Course at SMCC	SMCC Code	Course at USM	USM Code	Credits
English Composition	ENGL 100	College Writing	ENG 100	3
Introduction to Literature	ENGL 115	Reading Literature	ENG 140	3
Student Success	FIGS 100	General Elective	GEL 1XX	1
Math Elective		Every class and credit on the Liberal Studies audit sheet will transfer to USM as a USM class and credit—either as a required class for the Sociology major or as a general elective that helps achieve the required 120 credits total. These will be posted after acceptance at USM.		3
Science Elective				4
Art or Music Elective				3
Psychology/Sociology Elective				3
Economics/Political Science Elective				3
Humanities Elective				3
English Communications Elective				3
Diversity Elective				3
Ethical Reasoning Elective				3
Fine Arts or Humanities Elective				3
History Elective				3
Liberal Studies Electives				12
Free Electives				9
A student following this sequence would earn an Associates in Arts in Liberal Studies from SMCC and would have 62 transferable credits to USM.				62

STEP 2–The USM Coursework

The following chart details the 36 credits of Sociology requirements that would remain at USM for a student who has completed the above coursework. A student can satisfy 6 of these 36 credits at SMCC by completing them within the elective credits of the SMCC Liberal Studies degree.

USM CLASS	Credits	SMCC CLASS	Credits
Required Prerequisites- 6 Credits			
SOC 100 - Introduction to Sociology	3	SOCI 100- Introduction to Sociology	3
SOC 210 - Critical Thinking about Social Issues	3	SOCI 210- Critical Thinking about Social Issues	3
Required Courses- 12 Credits			
SOC 300 - Sociological Theory	3	NA	
SOC 301 - Qualitative Research Methods	4	NA	
SOC 307 - Quantitative Research Methods	4	NA	
SOC 410 - Sociology Capstone (must be taken concurrent with designated 3-credit companion course)	1	NA	
Electives- 18 Credits			
SOC 315 - Self and Society	3	NA	
SOC 316 - Sociology of Gender	3	NA	
SOC 327 - Social Movements	3	NA	
SOC 330 - Sociology of the Family	3	NA	
SOC 331 - School and Society	3	NA	
SOC 336 - Law and Society	3	NA	
SOC 355 - Politics and Society	3	NA	
SOC 358 - Sociology of Women's Work	3	NA	
SOC 365 - Sociology of the Body	3	NA	
SOC 370 - Sociology of the Environment	3	NA	
SOC 371 - Sociology of Race and Ethnicity	3	NA	
SOC 379 - Sociology of Indigenous Peoples	3	NA	
SOC 380 - Topics in Sociology	3	NA	
SOC 390 - Individualized Instruction I	1-9	NA	
SOC 391 - Individualized Instruction II	1-3	NA	
SOC 395 - Internship	1 to 6	NA	
SOC 450 - Undergraduate Teaching Assistantship	3	NA	
Sociology Credits Required at USM	36	Sociology Credits Possible at SMCC	6
Sociology Credits to be Completed at USM			30-36
General Elective Credits to be Completed at USM			22-28
Total Credits Required for a USM Sociology degree			120

A student that completes at least 30 credits at SMCC, but did not earn an SMCC degree, may do a **Reverse Transfer** by sending credits earned at USM “back” to SMCC. The coursework listed here assumes a student has earned an AA in Liberal Studies, which waives the USM Core requirements.