SOUTHERN MAINE COMMUNITY COLLEGE

Liberal Studies - History Focus
Associate of Arts
Four Semester Pathway Academic Year 2025-2026

Semester 1	Requirement	Recommended	Prerequisites	Corequisites	Credits	My Plan
FIGS 100	Student Success Elective Education, Human Services, Social Science Pathway				1	
ENGL 100	English Composition		ENGL 080		3	
	Mathematics Elective (100 level or higher)	MATH 155 Statistics	MATH 040		3	
	History Elective	HIST 120 World History to 1500	ENGL 080 or ENGL 101		3	
	Psychology or Sociology Elective	SOCI 100 Introduction to Sociology		ENGL 080 or ENGL 101	3	
	Liberal Studies Elective	HIST 130 United States History to 1877	ENGL 080 or ENGL 101		3	
Semester 2						
ENGL 115	Introduction to Literature		ENGL 100 or ENGL 101		3	
	Diversity Elective	HIST 125 World History Since 1500	ENGL 080 or ENGL 101		3	
	Science Elective with Lab	BIOL 100 Biology with Lab for Non Majors	ENGL 080 or ENGL 101	MATH 040	4	
	Liberal Studies Elective	HIST 135 United States History Since 1877	ENGL 080 or ENGL 101		3	
	Free Elective	PSYC 100 Introduction to Psychology		ENGL 080 or ENGL 101	3	
Semester 3						
	Economics or Political Science Elective	POLS 105 Intro to American Government	ENGL 080 or ENGL 101		3	
	Art or Music Elective		See course prerequisites	See course corequisites	3	
	English Communications Elective	ENGL 110 Oral Communications or ENGL 200 Creative Writing	ENGL 080 or ENGL 101 ENGL 100 or ENGL 101	ENGL 115	3	
	Liberal Studies Elective	HIST 165 Social History of the Civil War and Reconstruction (offered Fall semester only)	ENGL 080 or ENGL 101		3	
	Free Elective	POLS 110 Intro to International Relations	ENGL 080 or ENGL 101		3	
Semester 4						
	Humanities Elective	PHIL 100 Introduction to Philosophy	ENGL 080 or ENGL 101		3	
	Ethical Reasoning Elective	HIST 139 American Environmental History	ENGL 080 or ENGL 101		3	
	Liberal Studies Elective	POLS 100 Contemporary World Problems	ENGL 080 or ENGL 101		3	
	Fine Arts/Humanities Elective		See course prerequisites	See course corequisites	3	
	Free Elective	HIST 225 African American Freedom Struggle (offered Spring semester only)	ENGL 080 or ENGL 101		3	
				Total Credits	**62**	

Advice on Choosing Electives

SOUTHERN MAINE COMMUNITY COLLEGE

Associate of Arts Curriculum Worksheet

Liberal Studies - History Focus

General Education Requirements						
COURSE CODE	**COURSE TITLE**	**RECOMMENDED COURSE**	**PREREQUISITES**	**COREQUISITES**	**CREDITS**	**MET**
ENGL 100	English Composition	ENGL 100 English Composition	ENGL 080		3	
ENGL 115	Introduction to Literature	ENGL 115 Introduction to Literature	ENGL 100 or ENGL 101		3	
FIGS 100	Student Success Elective - Education, Human Services, Social Science Pathway				1	
	Mathematics Elective	MATH 155 Statistics	MATH 040		3	
	Science Elective with Lab	BIOL 100 Biology with Lab for Non Majors	ENGL 080 or ENGL 101	MATH 040	4	
	Art or Music Elective	Art or Music Elective			3	
	Psychology or Sociology Elective	SOCI 100 Introduction to Sociology		ENGL 080 or ENGL 101	3	
	Economics or Poli Sci Elective	POLS 105 Intro to American Government	ENGL 080 or ENGL 101		3	
	Humanities Elective	PHIL 100 Introduction to Philosophy	ENGL 080 or ENGL 101		3	
	English Communications Elective	ENGL 110 Oral Communications or ENGL 200 Creative Writing	ENGL 080 ENGL 100 or ENGL 101	ENGL 115	3	
	Diversity Elective	HIST 125 World History Since 1500	ENGL 080 or ENGL 101		3	
	Ethical Reasoning Elective	HIST 139 American Environmental History	ENGL 080 or ENGL 101		3	

Major Required Courses						
	Fine Arts/Humanities Elective	Fine Arts/Humanities Elective			3	
	History Elective	HIST 120 World History to 1500	ENGL 080 or ENGL 101		3	
	Liberal Studies Elective	HIST 130 United States History to 1877	ENGL 080 or ENGL 101		3	
	Liberal Studies Elective	HIST 135 United States History Since 1877	ENGL 080 or ENGL 101		3	
	Liberal Studies Elective	HIST 165 Social History of the Civil War and Reconstruction	ENGL 080 or ENGL 101		3	
	Liberal Studies Elective	POLS 100 Contemporary World Problems	ENGL 080 or ENGL 101		3	
	Free Elective	PSYC 100 Introduction to Psychology		ENGL 080 or ENGL 101	3	
	Free Elective	HIST 225 African Amerian Freedom Struggle	ENGL 080 or ENGL 101		3	
	Free Elective	POLS 110 Intro to International Relations	ENGL 080 or ENGL 101		3	

Please Note: It is critical that you speak with a representative of the college/university to which you intend to transfer to be certain all courses will transfer