



**SOUTHERN
MAINE
COMMUNITY
COLLEGE**

**Human Services
Associate in Applied Science
Four Semester Pathway Academic Year 2025-2026**

Semester 1	Requirement	Recommended Courses	Prerequisites	Corequisites	Credits	My Plan
FIGS 100	Student Success Elective - Education, Human Services, Social Science Pathway				1	
	Mathematics Elective (100 level or higher)	MATH 112 Quantitative Reasoning OR MATH 155 Statistics	MATH 040		3	
ENGL 100	English Composition		ENGL 080		3	
BHHS 100	Introduction to Human services		ENGL 080 or ENGL 101	FIGS 100	3	
BHHS 104	High Risk populations		ENGL 080 or ENGL 101		3	
BHHS 145	Human Diversity		ENGL 080 or ENGL 101		3	
Semester 2						
BHHS 105	Crisis intervention		ENGL 080 or ENGL 101	BHHS 100	3	
BHHS 110	Psychosocial and Vocational Rehabilitation		ENGL 080 or ENGL 101	BHHS 100	3	
BHHS 220	Interviewing and Counseling		BHHS 100, BHHS 104, BHHS 145		3	
ENGL 115	Introduction to Literature		ENGL 100 or ENGL 101		3	
PSYC 100	Introduction to Psychology			ENGL 080 or ENGL 101	3	
Semester 3						
BHHS 225	Practicum I		BHHS 100, BHHS 105, BHHS 110, BHHS 220, ENGL 100 or ENGL 101, Department Approval		3	
BHHS 230	Substance Abuse		BHHS 100		3	
BHHS 260	Group process		BHHS 100		3	
	Science Elective with Lab	NUTR 110 Normal Nutrition and Lab	ENGL 080 or ENGL 101	MATH 040	4	
SOCI 100	Introduction to Sociology			ENGL 080	3	
Semester 4						
BHHS 265	Trauma and Recovery		BHHS 105, BHHS 110	BHHS 220	3	
BHHS 270	Case Management		BHHS 105, BHHS 110	BHHS 220	3	
BHHS 275	Practicum II		BHHS 225, BHHS 230, BHHS 260, Department Approval	BHHS 270	3	
	Fine Arts or Humanities Elective	PHIL 105 Ethical Dilemmas	ENGL 080 or ENGL 101		3	
PSYC 220	Lifespan Development		ENGL 080 or ENGL 101, PSYC 100		3	
				Total Credits	62	

Advice on Choosing Electives

Human Services

General Education Requirements					
COURSE CODE	COURSE TITLE	PREREQUISITES	COREQUISITES	CREDITS	MET
ENGL 100	English Composition	ENGL 080		3	
ENGL 115	Introduction to Literature	ENGL 100 or ENGL 101		3	
FIGS 100	Student Success Elective - Education, Human Services, Social Science Pathway			1	
	Mathematics Elective (100 level or higher)	MATH 040		3	
	Science Elective with Lab			4	
	Fine Arts or Humanities Elective			3	
PSYC 100	Introduction to Psychology		ENGL 080 or ENGL 101	3	
SOCI 100	Introduction to Sociology		ENGL 080 or ENGL 101	3	

Major Required Courses					
COURSE CODE	COURSE TITLE	PREREQUISITES	COREQUISITES	CREDITS	MET
BHHS 100	Introduction to Human Services	ENGL 080 or ENGL 101	FIGS 100	3	
BHHS 104	High Risk Populations	ENGL 080 or ENGL 101		3	
BHHS 105	Crisis Intervention	ENGL 080 or ENGL 101	BHHS 100	3	
BHHS 110	Psychosocial and Vocational Rehabilitation	ENGL 080 or ENGL 101	BHHS 100	3	
BHHS 145	Human Diversity	ENGL 080 or ENGL 101		3	
BHHS 220	Interviewing and Counseling	BHHS 100, BHHS 104, BHHS 145		3	
BHHS 225	Practicum I	BHHS 100, BHHS 105, BHHS 110, BHHS 220, ENGL 100 or ENGL 101, Department Approval		3	
BHHS 230	Substance Abuse	BHHS 100		3	
BHHS 260	Group Process	BHHS 100		3	
BHHS 265	Trauma and Recovery	BHHS 105, BHHS 110	BHHS 220	3	
BHHS 270	Case Management	BHHS 105, BHHS 110	BHHS 220	3	
BHHS 275	Practicum II	BHHS 225, BHHS 230, BHHS 260, Department Approval	BHHS 270	3	
PSYC 220	Lifespan Development	ENGL 080 or ENGL 101, PSYC 100		3	